

NOVEMBER 2023



VOLUME 2



FRN Newsletter

RAISING AWARENESS IN NOVEMBER

All month long we collectively raise our voices for these special awareness events.

Epilepsy Awareness Month

National Family Caregivers Month

BIG NEWS AT FRN!



100,100!

We've hit a HUGE milestone here at FRN! Last month **Epilepsy Services of New Jersey** officially trained more than 100,100 individuals in Seizure Recognition and First Aid!

[LEARN MORE](#)

THERE'S ANOTHER WAY TO GIVE! **DONATE A VEHICLE!**

Donating a vehicle allows you to make a powerful impact on our organization. This is an easy way to get rid of an unused vehicle with a tax incentive while helping an organization important to you.



[GET STARTED](#)

EPILEPSY AWARENESS MONTH

At least 3.4 million people in the United States live with seizures, including 470,000 children. 1 in 26 people will be diagnosed in their lifetime with epilepsy. Epilepsy Services of New Jersey continues to fight every day to improve the lives of residents impacted by epilepsy and their family caregivers.

NATIONAL FAMILY CAREGIVERS MONTH

At least 3.4 million people in the United States live with seizures, including 470,000 children. 1 in 26 people will be diagnosed in their lifetime with epilepsy. Epilepsy Services of New Jersey continues to fight every day to improve the lives of residents impacted by epilepsy and their family caregivers.

[RESOURCES](#) | [GET INVOLVED](#) | [SCHEDULE A CALL](#) | [DONATE](#)

[LEARN MORE](#)



UPCOMING WEBINARS

The Family Resource Network offers online webinars to bring you information and education – on your time, at your convenience.

[LEARN MORE](#)

THURS

9

Hosted by
Trisha Bailey

Transition Made Easy

7:00pm-8:00pm

WED

15

Hosted by
Patricia A. Gibson

**Seizure Triggers &
Precipitating Factors**

12:00pm-1:00pm

THURS

16

Hosted by
Trisha Bailey

Transition Made Easy

12:00pm-1:00pm

Understanding the DDD Budget

7:00pm-8:00pm

MON

17

Hosted by
Urmi Vaidya- Mathur LCSW, Psychotherapist

Understanding the DDD Budget

12:00pm-1:00pm

TUE

21

Hosted by
Trisha Bailey

Get to Work

12:00pm-1:00pm | 7:00pm-8:00pm

MON

27

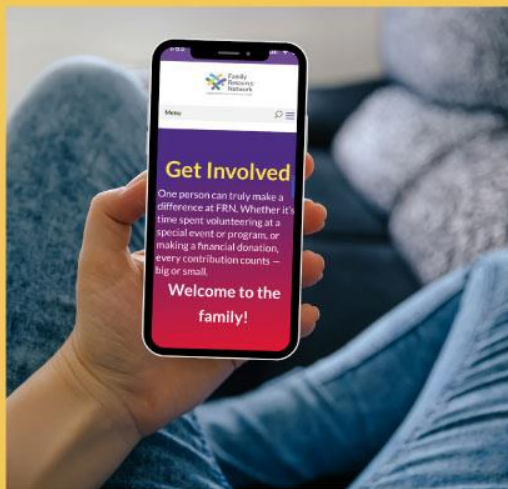
Hosted by

Urmi Vaidya- Mathur LCSW, Psychotherapist

Psychogenic Non-Epileptic Seizures (PNES)

12:00pm-1:00pm

■ Epilepsy Services of NJ ■ Caregivers of NJ



GIVING Tuesday

November 28

There are a variety of ways to donate throughout giving season.

[Learn more at familyresourcenetwork.org](http://familyresourcenetwork.org)

DONATE NOW

GET INVOLVED



The Family Resource Network | 50 Millstone Rd, Bldg 300, Suite 201, East Windsor, NJ 08520